

Glen's Gear List - Camino

item	description / notes / rationale	in pack	wear / carry	consume	total
PACK - SHELTER - SLEEPING		5.99	4.84	2.70	13.54
backpack	GG Murmur (prototype) *1	6.3			
waterproof pack cover	Mylar turkey bag	0.5			
sleeping pad	GG Thinlight 3/8" - 30" l, 12-16" w	2.1			
shelter	None	0.0			
sleeping bag	GG Sleepight (30 degree down) *2	18.2			
CLOTHING					
underwear - bottoms	Athletic support briefs *3		3.7		
base / wicking layer top	Columbia nylon long sleeve collared		7.3		
extra base/insulating layer top	Montbell Zeo-line zip T *4	6.4			
base / wicking layer bottom	REI convertibles (zip-off) (black)		13.1		
extra base layer bottom	Columbia nylon shorts	8.4			
insulating top	BPL cocoon pullover (synthetic) *5	10.1			
insulating bottoms	SEKRI polypropylene (tall) *6	5.4			
raingear (hard shell) top	Driducks	5.4			
raingear (hard shell) bottoms	Golite Reed (black)	6.0			
waterproof glove shells	None	0.0			
windgear (soft shell) top	None - use Driducks	0.0			
windgear (soft shell) bottoms	None	0.0			
warm gloves	Possumdown	1.2			
warm hat	Possumdown	1.7			
sun hat	Tilley		3.3		
neck protection	Bandanna	0.9			
socks	Injinja toe socks		1.5		
spare socks	Coolmax	1.3			
sleeping socks	Fleece	1.8			
shoes	Golite Sun Dragon size 12		30.2		
clothing stuff sack	Cuben fiber (homemade)	0.4			
COOKING - WATER					
stove/fuel/pot	None	0.0			
utensils	'steak' knife for cutting bread/cheese *7	1.2			
water storage	1.5 liter water bottle	0.6			
water storage	1 liter platy	0.9			
water treatment	None	0.0			
MISCELLANEOUS ITEMS					
flashlight / headlamp / whistle	Arc AAA, whistle on lanyard		1.0		
trekking poles	GG Lightrek 130 cm (2007)		6.0		
bug dope	mini bottle	0.3			
sun	Dr. Outdoors	0.9			
toothbrush	GG Finger toothbrush and floss	0.2			
toothpaste	(use Dr. Bronner's)	0.0			
hygiene	Dr. Bronner's soap (peppermint)	0.5			
towel	McNett micronet (small)	0.8			
toilet paper	1/2 disposable shop towel (take 4)	0.6			
hygiene	small bottle alcohol gel	0.6			
shower sandals	made from old insoles	1.2			
small mesh bag	North Face	0.3			
reading glasses	i4ulenses.com	0.2			
blister & minor wound care	antibiotic, bandaids, compeed, etc	0.8			
meds	Imodium, Tums, tylenol pm, naproxin, etc	0.7		0.8	
misc	razor for shaving, ear plugs	0.1			
notes	Sheet of waterproof paper, Sharpie	0.7			
emergency firestarting kit	Sparker and tinder	0.2			
repair	duct tp, needle, thread, sfty pin, razor bld	0.3			
sunglasses on cord	Maui Jim titanium		1.5		
watch	Suunto Observer titanium		2.7		
compass	(on watch)	0.0			
camera (documentation)	Casio Exilim		5.4		
Omniseal wallet	for cash, passport, credit card, ticket		1.8		
maps		4.0			
CONSUMABLES					
food - snacks	snacks, etc			16.0	
water	3/4 L average carried			24.0	

*1 GG Miniposa or Mariposa would be an alternate choice

*2 Warmer bag than needed

*3 Ex Officio boxers or similar would be alternate choices

*4 Merino wool by Icebreaker/Smartwool/Patagonia would be better choice if not allergic

*5 Patagonia Puffball pullover would be a good alternate choice

*6 Merino wool would be a better choice if not allergic, or Patagonia silk weight capilene

*7 Buy after arrival due to TSA regulations